#### **MENTAL HEALTH NURSING-II**

**PLACEMENT:** VISEMESTER

**THEORY:**1Credit(40Hours)

**PRACTICUM**:Clinical:2Credits(160Hours)

**DESCRIPTION:** This course is designed to provide the students with basic understanding and skills essential to meet psychiatric emergencies and perform the role of community mental health nurse.

# **COMPETENCIES:**Oncompletion of the course, the students will be able to

- 1. Applynursingprocessinproviding caretopatients with substance used is orders, and personality and sexual disorders.
- 2. Applynursingprocessinprovidingcaretopatientswithbehaviouralandemotionaldisordersoccurrin gduringchildhoodandadolescence.
- 3. Applynursingprocessinproviding caretopatients with organic brain disorders.
- 4. Identifyandrespondtopsychiatricemergencies.
- 5. Carryoutcrisisinterventionsduringemergenciesundersupervision.
- 6. PerformadmissionanddischargeproceduresasperMHCA2017.
- 7. Exploretherolesandresponsibilities of community mental health nurse in delivering community mental health services.

# MENTAL HEALTH NURSING II

Unit	Time	Learning Outcomes	Content	Teaching/Learning	AssessmentMetho ds
	(Hrs)	Outcomes		Activities	us
I	6(T)	Describe theetiology, psycho-dynamics, clinicalmanifestatio ns,diagnostic criteriaand management ofpatients withsubstance usedisorders	NursingManagementofPatientswithS ubstanceUseDisorders  Prevalenceandincidence Commonlyusedpsychotropicsubstance:cl assifications, forms, routes, action,intoxicationandwithdrawal Psychodynamics/etiologyofsubstanceused isorder (Terminologies: Substance Use,Abuse, Tolerance, Dependence,Withdrawal) Diagnosticcriteria/formulations Nursing Assessment: History (substancehistory),Physical,mentalassess mentanddruganddrug assay Treatment(detoxification,antabuseandn arcotic antagonist therapy and harmreduction, Brief interventions, MET,refusal skills, maintenance therapy) andnursing management of patients withsubstanceusedisorders Specialconsiderationsforvulnerablep opulation Follow-up and home care andrehabilitation	Lecture cumdiscussi on     Casediscussion     Casepresentation     Clinicalpractice	<ul> <li>Essay</li> <li>Shortanswer</li> <li>Assessment ofpatientmanagemen tproblems</li> </ul>
п	6(T)	Describe theetiology, psycho-dynamics, clinicalmanifestatio ns,diagnostic criteriaand management ofpatients withpersonality, andsexualdisorders	NursingManagementofPatientwithP ersonalityandSexualDisorders  Prevalenceandincidence  Classificationofdisorders  Etiology,psychopathology,characteristics,diagnosis  NursingAssessment:History,Physicalandmentalhealthassessment  Treatment modalities and nursingmanagementofpatientswithpersonality,andsexualdisorders  Geriatricconsiderations  Follow-up and home care andrehabilitation	<ul> <li>Lecture cumdiscussi on</li> <li>Casediscussion</li> <li>Casepresentation</li> <li>Clinicalpractice</li> </ul>	<ul> <li>Essay</li> <li>Shortanswer</li> <li>Assessment ofpatientmanagemen tproblems</li> </ul>
Ш	8(T)	Describe theetiology, psycho- pathology, clinicalmanifestatio ns,diagnostic criteriaand management ofchildhood andadolescent disordersincluding mentaldeficiency	NursingManagementofBehavioural&E motional Disorders occurring duringChildhood and Adolescence (Intellectualdisability, autism, attention deficit,hyperactive disorder, eating disorders,learningdisorder)  • Prevalenceandincidence • Classifications • Etiology,psychodynamics,Characteristics,d iagnosticcriteria/formulations	<ul> <li>Lecture cumdiscussi on</li> <li>Casediscussion</li> <li>Casepresentation</li> <li>Clinicalpractice</li> </ul>	<ul> <li>Essay</li> <li>Shortanswer</li> <li>Assessment ofpatientmanagemen tproblems</li> </ul>

ods
<ul> <li>Essay</li> <li>Shortanswer</li> <li>Assessment ofpatientmanagemen tproblems</li> </ul>
• Shortanswer • Objectivetype  on e

VI	4(T)	Explain legalaspects applied inmental healthsettingsandr oleofthenurse	<ul> <li>LegalIssuesinMentalHealthNursing</li> <li>OverviewofIndianLunacyActandTheMentalHealthAct1987</li> <li>(ProtectionofChildrenfromSexualOffence)POSCOAct</li> <li>MentalHealthCareAct(MHCA)2017</li> <li>Rightsof mentallyillclients</li> <li>Forensicpsychiatryandnursing</li> <li>Actsrelatedtonarcoticandpsychotropicsubstancesandillegaldrugtrafficking</li> <li>AdmissionanddischargeproceduresasperMHCA2017</li> <li>Roleandresponsibilitiesofnursesinimplementing MHCA2017</li> </ul>	Lecture cumdiscus sion     Casediscussion	Shortanswer     Objectivetype
VII	5(T)	Describethemodelo f preventivepsychiat ry  DescribeCommunit yMentalhealth services androleofthenurse	CommunityMentalHealthNursing  DevelopmentofCommunityMental HealthServices:  Nationalmentalhealthpolicyviz.NationalH ealthPolicy  NationalMentalHealthProgram  Institutionalizationversus Deinstitutionalization  ModelofPreventivepsychiatry  MentalHealthServicesavailableatthepri mary, secondary, tertiary levelsincluding rehabilitation and nurses'responsibilities  MentalHealthAgencies:Governmentandv oluntary,NationalandInternational  Mental health nursing issues for specialpopulations: Children, Adolescence,WomenElderly,Victimsofv iolenceandabuse,Handicapped,HIV/AID Setc.	Lecture cumdiscus sion     Clinical/ fieldpractice     Field visits tomental healthservicea gencies	<ul> <li>Shortanswer</li> <li>Objectivetype</li> <li>Assessment ofthe field visitreports</li> </ul>

# DISTRIBUTION OF TEACHING HOURS

STRATEGY			Teaching hours
Didactic	Lectures		40
Non didactic	Case discussion	96	
	Clinical/Field practice	48	160
	Tutorials	10	
	Integrated Teaching Program/MPBL	06	
Total			200Hrs.

# **TOPICS & OUTCOMES**

Subject	Number of Themes	Number of outcomes
Mental Health Nursing	07	56

# DISTRIBUTION OF THEORY HOURS

S. N	Theme	Topics	Teaching				
1	NursingManagementofPatientswithS ubstanceUseDisorders	NursingManagementofPatientswithSubstanc eUseDisorders	hrs.				
2	NursingManagementofPatientwithPe rsonalityandSexualDisorders	NursingManagementofPatientwithPersonalit yandSexualDisorders	6				
3	NursingManagementofBehavioural&E motional Disorders occurring duringChildhood and Adolescence (Intellectualdisability, autism, attention deficit,hyperactive disorder, eating disorders,learningdisorder)	NursingManagementofBehavioural&Emotiona 1 Disorders occurring duringChildhood and Adolescence (Intellectualdisability, autism, attention deficit,hyperactive disorder, eating disorders,learningdisorder)	8				
4	Nursing Management of Organic BrainDisorders (Delirium, Dementia, amnesticdisorders)	Nursing Management of Organic BrainDisorders (Delirium, Dementia, amnesticdisorders)	5				
5	PsychiatricEmergenciesandCrisisI ntervention	PsychiatricEmergenciesandCrisisIntervent ion	6				
6	LegalIssuesinMentalHealthNursing	LegalIssuesinMentalHealthNursing	4				
7	CommunityMentalHealthNursing	CommunityMentalHealthNursing	5				
	TOTAL						

<sup>\*</sup>Number of EQB themes

<sup>\*\*</sup> Number of COs

# MENTAL HEALTH NURSING- II

Core comp	petencies						Non-core competencies	Total Hours
Theme and total hours allotted	Objectives	Topic	Code No	Competency	Must know	Desirable to know	Nice to know	
I 6 (T)	At the end of unit students are able to Knowledge: Know and understand the management of patients with Substance Use Disorders Skill: Identify the problems of the patients and provide effective nursing	Nursing Management of Patients with Substance Use Disorders	NMHN(II)301:VIS EM1.1	Describe the Prevalence and incidence of substance use disorders and classify commonly used psychotrophic substances forms, routes, action, intoxication and withdrawal	Prevalence and incidence     Commonly used psychotropic substance: classifications, forms, routes, action, intoxication and withdrawal			1/2 hour
	care Attitude: Understand the importance of team approach in management andmotivates family members , community to participate in management of Substance Use Disorders		NMHN(II)301:VIS EM1.2	Describe theetiology, psycho-dynamics, clinicalmanifestations, terminologies anddiagnostic criteriaofpatients withsubstance usedisorders	Psychodynamics/e tiology, clinical manifestations of substance use disorder (Terminologies: Substance Use, Abuse, Tolerance, Dependence, Withdrawal)     Diagnostic criteria/formulatio ns			1hour
			NMHN(II)301:VIS EM1.3	Explain Nursing Assessment: History (substance history), Physical, mental assessment and drug	• Nursing Assessment: History (substance history), Physical, mental assessment			½ hour

			NMHN(II)301:VIS EM1.4	and drug assay with substance use disorders.  Illustrate Treatment (detoxification, antabuse and narcotic antagonist therapy and harm reduction, Brief interventions, MET, refusal skills, maintenance therapy) and nursing management of patients with substance use disorders	and drug and drug assay  • Treatment (detoxification, antabuse and narcotic antagonist therapy and harm reduction, Brief interventions, MET, refusal skills, maintenance therapy) and nursing management of patients with substance use disorders			1½ho ur
			NMHN(II)301:VIS EM1.5	Elaborate Special considerations for vulnerable population with substance use disorders		• Special conside rations for vulnera ble populati on		2 hours
			NMHN(II)301:VIS EM1.6	Describefollow-up ,home care and rehabilitation with substance use disorders			Follow-up and home care and rehabilitation	½ an hour
II 6 (T)	At the end of unit students are able to: <b>Knowledge:</b> Understand and describe the nursing management of Patient with Personality and	Nursing Management of Patient with Personality and Sexual Disorders	NMHN(II)301:VIS EM2.1 NMHN(II)301:VIS	Describe the Prevalence and incidence of patients with personality, and sexual disorders  Enumerate the	<ul> <li>Prevalence and incidence of patients with personality, and sexual disorders</li> <li>Classification of</li> </ul>			1/2 hour

Sexual Disorders Skill: Provide comprehensive care to patient with Personality and Sexual Disorders.	EM2.2	classification of disorders of patients with personality, and sexual disorders	disorders of patients with personality, and sexual disorders	hour
	NMHN(II)301:VIS EM2.3	Describe the etiology, psycho- dynamics, clinical manifestations, characteristics and diagnostic criteria of patients with personality, and sexual disorders	Etiology,     psychopathology,     clinical     manifestations,     characteristics,     diagnosis of     patients with     personality, and     sexual disorders	1hour
	NMHN(II)301:VIS EM2.4	Illustrate the Nursing Assessment: History, Physical and mental health assessment of patients with personality, and sexual disorders	Nursing     Assessment:     History, Physical     and mental health     assessment of     patients with     personality, and     sexual disorders	1hour
	NMHN(II)301:VIS EM2.5	Explain the treatment modalities and nursing management of patients with personality, and sexual disorders of patients with personality, and sexual disorders	Treatment modalities and nursing management of patients with personality, and sexual disorders of patients with personality, and sexual disorders	1hour

			NMHN(II)301:VIS EM2.6	Explain the Geriatric considerations of patients with personality, and sexual disorders		• Geriatri c conside rations of patients with persona lity, and sexual disorder s		2hour s
			NMHN(II)301:VIS EM2.7	Elaborate the Follow-up and home care and rehabilitation of patients with personality, and sexual			Follow-up and home care and rehabilitation of patients with personality, and sexual	½ an hour
8 (T)  students are  Knowledge  Understand describe the Managemen Behavioural Emotional D occurring du	At the end of unit students are able to:  Knowledge: Understand and describe the nursing Management of Behavioural& Emotional Disorders occurring during Childhood and	Nursing Management of Behavioural& Emotional Disorders occurring during Childhood and Adolescence (Intellectual disability, autism, attention deficit, hyperactive disorder, eating disorders, learning disorder)	NMHN(II)301:VIS EM3.1	Describe the Prevalence and incidence of Intellectual disability, autism, attention deficit, hyperactive disorder, eating disorders, learning disorder	Prevalence and incidence of Intellectual disability, autism, attention deficit, hyperactive disorder, eating disorders, learning disorder			1/2 hour
	Childhood and Adolescence (Intellectual disability, autism, attention deficit, hyperactive disorder, eating disorders, learning disorder) Skill: Provide comprehensive care to children having		NMHN(II)301:VIS EM3.2	Illustrate the Classifications Etiology, psychodynamics, Characteristics and diagnostic criteria/formulations of Intellectual disability	Classifications     Etiology,     psychodynamics,     Characteristics,     diagnostic     criteria/formulatio     ns of Intellectual     disability			1/2 hour
	8		NMHN(II)301:VIS	Explain the	Classifications			1hour

mental health problems.  Attitude: Help parents to learn about such children	EM3.3	classifications, Etiology, psychodynamics, Characteristics and diagnostic criteria/formulations autism, attention deficit, hyperactive disorder, eating disorders, learning disorder	Etiology,     psychodynamics,     Characteristics,     diagnostic     criteria/formulatio     ns autism,     attention deficit,     hyperactive     disorder, eating     disorders, learning     disorder		
	NMHN(II) EM3.4	Assessment: History, Physical, mental status examination and IQ assessment of Intellectual disability	Nursing     Assessment:     History, Physical,     mental status     examination and     IQ assessment of     Intellectual     disability	h-	/2 nour
	NMHN(II) EM3.5	Assessment: History, Physical, mental status examination and IQ assessment autism, attention deficit, hyperactive disorder, eating disorders, learning disorder	Nursing     Assessment:     History, Physical,     mental status     examination and     IQ assessment     autism, attention     deficit,     hyperactive     disorder, eating     disorders, learning     disorder	h	∕2 nour
	NMHN(II) EM3.6	Elaborate the Treatment modalities and nursing management of childhood disorders including intellectual disability	Treatment     modalities and     nursing     management of     childhood     disorders     including     intellectual     disability		⁄2 nour

<u> </u>		T				
	NMHN(II)301:VIS EM3.7	Explain treatment modalities and nursing management of childhood disorders including autism, attention deficit, hyperactive disorder	Treatment     modalities and     nursing     management of     childhood     disorders     including autism,     attention deficit,     hyperactive     disorder			1 hour
	NMHN(II)301:VIS EM3.8	Elaborate treatment modalities and nursing management of childhood disorders including eating disorders, learning disorder	Treatment     modalities and     nursing     management of     childhood     disorders     including eating     disorders, learning     disorder			1/2 hour
	NMHN(II)301:VIS EM3.9	Describe follow-up and home care and rehabilitation of Intellectual disability		Follow-up and home care and rehabilitat ion of Intellectua 1 disability		2hour s
	NMHN(II)301:VIS EM3.10	Describe follow-up and home care and rehabilitation of autism, attention deficit, hyperactive disorder, eating disorders, learning disorder		J	Follow-up and home care and rehabilitation of autism, attention deficit, hyperactive disorder, eating disorders, learning	1 hour

						disorder	
<b>IV</b> 5 (T)	At the end of unit students are able to:  Knowledge: Understand and describe Nursing	Nursing Management of Organic Brain Disorders (Delirium, Dementia, amnestic disorders)	NMHN(II)301:VIS EM4.1	Describe Prevalence and incidence of organic brain disorders	Prevalence and incidence of organic brain disorders		1/2 hour
	Management of Organic Brain Disorders (Delirium, Dementia, amnestic disorders) Skill: Provide comprehensive nursing care to client having organic brain disorders. Attitude: Incorporate this knowledge in nursing practice.	Drganic Brain Disorders (Delirium, Dementia, amnestic disorders) Skill: Provide comprehensive mursing care to client having organic brain disorders. Attitude: Incorporate this knowledge in mursing practice.  NMH EM4.	NMHN(II)301:VIS EM4.2	Describe the Classification, etiology, psycho- pathology, clinical manifestations, diagnostic criteria and Differential diagnosis of delirium	<ul> <li>Classification of organic brain disorders</li> <li>Etiology, psychopathology, clinical features, diagnosis and Differential diagnosis of delirium</li> </ul>		
			NMHN(II)301:VIS EM4.3	Explain classification Etiology, psychopathology, clinical features, diagnosis and Differential diagnosis of dementia and amnestic disorders	Classification     Etiology,     psychopathology,     clinical features,     diagnosis and     Differential     diagnosis of     dementia and     amnestic disorders		1/2 hour
			NMHN(II)301:VIS EM4.4	Explain the Nursing Assessment: History, Physical, mental and neurological assessment of delirium	Nursing     Assessment:     History, Physical,     mental and     neurological     assessment of     delirium		½ hour
			NMHN(II)301:VIS EM4.5	Explain Nursing Assessment: History, Physical, mental and neurological assessment of dementia and amnestic disorders	Nursing     Assessment:     History, Physical,     mental and     neurological     assessment of		1/2 hour

					dementia and amnestic disorders			
			NMHN(II)301:VIS EM4.6	Illustrate treatment modalities and nursing management of delirium	Treatment modalities and nursing management of delirium			1/2 hour
			NMHN(II)301:VIS EM4.7	Illustrate treatment modalities and nursing management of dementia and amnestic disorders	Treatment modalities and nursing management of dementia and amnestic disorders			1/2 hour
			NMHN(II)301:VIS EM4.8	Describe follow-up and home care and rehabilitation of delirium		Follow-up and home care and rehabilitat ion of delirium		1/2 hour
			NMHN(II)301:VIS EM4.9	Describe the follow-up and home care and rehabilitation of dementia and amnestic disorders		Follow-up and home care and rehabilitat ion of dementia and amnestic disorders		1 hour
			NMHN(II)301:VIS EM4.10	Describe home care and rehabilitation of delirium			Home care and rehabilitation of delirium	1/2 hour
			NMHN(II)301:VIS EM4.11	Explain home care and rehabilitation of dementia and amnestic disorders			Home care and rehabilitation of dementia and amnestic disorders	
V	At the end of unit	<b>Psychiatric Emergencies</b>	NMHN(II)301:VIS	Explain the types of	• Types of			1/2

6 (T)	students are able to: Knowledge: Understand and discuss psychiatric emergencies. Skill: Handle psychiatric emergencies efficiently. Attitude: Work as efficient team	and Crisis Intervention	EM5.1	psychiatric emergencies (attempted suicide, violence/ aggression, stupor, delirium tremens and other psychiatric emergencies) and their managements	psychiatric emergencies (attempted suicide, violence/ aggression, stupor, delirium tremens and other psychiatric emergencies) and their managements			hour
	member in handling psychiatric emergencies.		NMHN(II)301:VIS EM5.2	Explain the types of crisis Crisis intervention: Principles, Techniques and Process	<ul> <li>Types of crisis</li> <li>Crisis <ul> <li>Intervention:</li> <li>Principles,</li> <li>Techniques and</li> <li>Process</li> </ul> </li> </ul>			1/2 hour
			NMHN(II)301:VIS EM5.3	Illustrate the Stress reduction interventions as per stress adaptation model	- Stress reduction interventions as per stress adaptation model			1/2 hour
			NMHN(II)301:VIS EM5.4	Elaborate the coping enhancement Techniques of counseling	- Coping enhancement - Techniques of counseling			1/2 hour
			NMHN(II)301:VIS EM5.5	Describe the maladaptive behavior of individual and groups		Maladapti ve behavior of individual and groups		3hour s
			NMHN(II)301:VIS EM5.6	Explain stress, crisis and disaster(s)			stress, crisis and disaster(s)	1hour
<b>VI</b> 4 (T)	At the end of unit students are able to: <b>Knowledge:</b> Know the Mental health	Legal Issues in Mental Health Nursing	NMHN(II)301:VIS EM6.1	Describe Overview of Indian Lunacy Act and The Mental Health Act 1987	Overview of Indian Lunacy Act and The Mental Health Act 1987			1/2 hour

laws and follow admission and discharge procedures.						
Attitude: Follow laws and contribute in controlling illegal	NMHN(II)301:VIS EM6.2	Explain (Protection of Children from Sexual Offence) POSCO Act	(Protection of Children from Sexual Offence) POSCO Act			1/2 hour
drug trafficking.	NMHN(II)301:VIS EM6.3	Describe Mental Health Care Act (MHCA) 2017	Mental Health     Care Act (MHCA)     2017			1/2 hour
	NMHN(II)301:VIS EM6.4	Explain Rights of mentally ill clients	• Rights of mentally ill clients			1/2 hour
	NMHN(II)301:VIS EM6.5	Enumerate Admission and discharge procedures as per MHCA 2017	Admission and discharge procedures as per MHCA 2017			½ hour
	NMHN(II)301:VIS EM6.6	Describe Role and responsibilities of nurses in implementing MHCA 2017	Role and responsibilities of nurses in implementing MHCA 2017			1/2 hour
	NMHN(II)301:VIS EM6.7	Explain Acts related to narcotic and psychotropic substances and illegal drug trafficking		Acts related to narcotic and psychotro pic substances and illegal drug trafficking		1/2 hour
	NMHN(II)301:VIS EM6.8	Describe Forensic psychiatry and nursing			• Forensic psychiatry and nursing	1/2 hour

<b>VII</b> 5 (T)	At the end of unit students are able to: <b>Knowledge:</b> Know the importance of community mental	Community Mental Health Nursing	NMHN(II)301:VIS EM7.1	Describe Development of Community Mental Health Services	Development of Community Mental Health Services		1/2 hour
	health nursing.  Skill: Create awareness among individuals and community about prevention of mental health		NMHN(II)301:VIS EM7.2	Explain National mental health policy viz. National Health Policy	National mental health policy viz. National Health Policy		1/2 hour
			NMHN(II)301:VIS EM7.3	Explain National Mental Health Program	National Mental Health Program		1/2 hour
mental health problems.  Attitude: Contribute effectively in mental health problem prevention		NMHN(II)301:VIS EM7.4	Differentiate between Institutionalization versus Deinstitutionalization	Institutionalization versus     Deinstitutionalizat ion		1/ <sub>2</sub> hour	
		NMHN(II)301:VIS EM7.5	Illustrate Model of Preventive psychiatry	Model of     Preventive     psychiatry		1/2 hour	
	drive.		NMHN(II)301:VIS EM7.6	Elaborate on Mental Health Services available at the primary, secondary, tertiary levels including rehabilitation and nurses' responsibilities	Mental Health     Services available     at the primary,     secondary, tertiary     levels including     rehabilitation and     nurses'     responsibilities		hour
			NMHN(II)301:VIS EM7.7	Explain Mental health nursing issues for special populations: Children, Adolescence, Women Elderly, Victims of violence and abuse, Handicapped etc.	Mental health     nursing issues for     special     populations:     Children,     Adolescence,     Women Elderly,     Victims of     violence and     abuse,     Handicapped etc.		hour
			NMHN(II)301:VIS EM7.8	Describe on Mental Health Agencies:		Mental     Health	1hour

		Government and voluntary, National and International	Agencie s: Govern ment and voluntar y, Nationa l and Internat ional		
	NMHN(II)301:VIS EM7.9	Explain the Mental health nursing issues for special populations: HIV/AIDS etc.		Mental health nursing issues for special populations: HIV/AIDS etc.	1/2 hour

# **TEACHING STRATEGY:**

Total Hours: 200 Theory Hours: 40 Clinical/Practical Hours: 160

**Theory** 

**Continuous Assessment: 10Marks** 

Sr.	Assignments	Percentage of	Allotted	Total Marks for					
No		Attendance	marks	attendance					
1	Attendance	95-100%	2						
		90-94%	1.5						
		85-89%	1	2 marks					
		80-84%	0.5						
		<80%	0						
		Number assignments	Marks	Total Marks					
2	Written Assignments	2	2X5	10					
3	Seminar/Microteaching/Individual presentation	2	2x6	12					
4	Group work/Work/Report	1	1x6	06					
	Total 30/3=10Marks								

**Note:** If there is mandatory module in that semester, marks obtained by student out of 10 can be added to 30 totaling 40 marks

Total=40/4=10marks

# Practical Continuous assessment: 10marks

Sr.	Assignments	Percentage	Allotted marks	Total Marks for attendance
No		of		
		Attendance		
1	Attendance	95-100%	2	
		90-94%	1.5	
		85-89%	1	2 marks
		80-84%	0.5	
		<80%	0	
		Number	Marks	Total Marks
		assignments	IVIAIKS	Total Warks
2	Clinical presentation	3x20	60	
3	Drug presentation report	2x20	40	10marks
4	Case study report	5x20	100	
5	Continuous evaluation of	01	10marks	10marks
	clinical performance		TOMARKS	Tomarks
6	End of posting OSCE	01	05marks	05marks
7	Completion of procedures and		03marks	03marks
	clinical requirements		USIIIarks	USHIAFKS
			Total	30/3=10

# Distribution of Non didactic hours (160)

# Case discussion96 hrs

SR NO	Competency no	Competency	Domain	T-L Method	Teaching Hrs
1.	NMHN(II)301:VISEM1.2	Describe the etiology, psycho- dynamics, clinical manifestations, terminologies and diagnostic criteria of patients with substance use disorders	K	Small group discussion	02 Hours
2.	NMHN(II)301:VISEM1.3	Explain Nursing Assessment: History (substance history), Physical, mental assessment and drug and drug assay with substance use disorders.	K	Small group discussion	01 Hour
3.	NMHN(II)301:VISEM2.3	Describe the etiology, psycho- dynamics, clinical manifestations, characteristics and diagnostic criteria of patients with personality, and sexual disorders	K,S	Small group discussion	03 Hours
4.	NMHN(II)301:VISEM2.4	Illustrate the Nursing Assessment: History, Physical and mental health assessment of patients with personality, and sexual disorders	K,S	Small group discussion	02 Hours
5.	NMHN(II)301:VISEM2.5	Explain the treatment modalities and nursing management of patients with personality, and sexual disorders of patients with personality, and sexual disorders	K,S	Small group discussion	01 Hours
6.	NMHN(II)301:VISEM3.2	Illustrate the Classifications Etiology, psychodynamics, Characteristics and diagnostic criteria/formulations of Intellectual disability	K,S	Small group discussion	02 Hours
7.	NMHN(II)301:VISEM3.3	Explain the classifications, Etiology, psychodynamics, Characteristics and diagnostic criteria/formulations autism, attention deficit, hyperactive disorder, eating disorders, learning disorder	K,S	Small group discussion	02 Hours
8.	NMHN(II)301:VISEM3.4	Explain the Nursing Assessment: History, Physical, mental status examination and IQ assessment of Intellectual disability	K,S	Small group discussion	02 Hours
9.	NMHN(II)301:VISEM3.5	Describe the Nursing Assessment: History, Physical, mental status examination and IQ assessment autism, attention deficit, hyperactive disorder, eating disorders, learning disorder	K,S	Small group discussion	02 Hours

10.	NMHN(II)301:VISEM3.6	Elaborate the Treatment modalities and nursing management of childhood disorders including intellectual disability	K,S	Small group discussion	05 Hours
11.	NMHN(II)301:VISEM3.7	Explain treatment modalities and nursing management of childhood disorders including autism, attention deficit, hyperactive disorder	K	Small group discussion	05 Hours
12.	NMHN(II)301:VISEM4.2	Describe the Classification, etiology, psycho- pathology, clinical manifestations, diagnostic criteria and Differential diagnosis of delirium	K,S	Small group discussion	05 Hours
13.	NMHN(II)301:VISEM4.3	Explain classification Etiology, psychopathology, clinical features, diagnosis and Differential diagnosis of dementia and amnestic disorders	K,S	Small group discussion	02 Hours
14.	NMHN(II)301:VISEM4.4	Explain the Nursing Assessment: History, Physical, mental and neurological assessment of delirium	K,S	Small group discussion	05 Hours
15.	NMHN(II)301:VISEM4.5	Explain Nursing Assessment: History, Physical, mental and neurological assessment of dementia and amnestic disorders	K,S	Small group discussion	02 Hours
16.	NMHN(II)301:VISEM4.6	Illustrate treatment modalities and nursing management of delirium	K,S	Small group discussion	04 Hours
17.	NMHN(II)301:VISEM4.7	Illustrate treatment modalities and nursing management of dementia and amnestic disorders	K,S	Small group discussion	02 Hours
18.	NMHN(II)301:VISEM5.1	Explain the types of psychiatric emergencies (attempted suicide, violence/ aggression, stupor, delirium tremens and other psychiatric emergencies) and their managements	K,S	Small group discussion	02 Hours
19.	NMHN(II)301:VISEM5.2	Explain the types of crisis Crisis intervention: Principles, Techniques and Process	K,S	Small group discussion	03 Hours
20.	NMHN(II)301:VISEM5.3	Illustrate the Stress reduction interventions as per stress adaptation model	K,S	Small group discussion	03 Hours
21.	NMHN(II)301:VISEM5.4	Elaborate the coping enhancement Techniques of counseling	K,S	Small group discussion	02 Hours
22.	NMHN(II)301:VISEM6.1	Describe Overview of Indian Lunacy Act and The Mental Health Act 1987	K,S	Small group discussion	02 Hours

23.	NMHN(II)301:VISEM6.2	Explain (Protection of Children from Sexual Offence) POSCO Act	K,S	Demonstration, Small group discussion, Role play	02 Hours		
24.	NMHN(II)301:VISEM6.3	Describe Mental Health Care Act (MHCA) 2017	K,S	Small group discussion	03 Hours		
25.	NMHN(II)301:VISEM6.4	Explain Rights of mentally ill clients	K,S	Small group discussion	03 Hours		
26.	NMHN(II)301:VISEM6.5	Enumerate Admission and discharge procedures as per MHCA 2017	K, S	Small group discussion	05 Hours		
27.	NMHN(II)301:VISEM6.6	Describe Role and responsibilities of nurses in implementing MHCA 2017	K,S	Small group discussion	02 Hours		
28.	NMHN(II)301:VISEM7.1	Describe Development of Community Mental Health Services	K, S	Small group discussion	02 Hours		
29.	NMHN(II)301:VISEM7.2	Explain National mental health policy viz. National Health Policy	K, S	Small group discussion	02 Hours		
30.	NMHN(II)301:VISEM7.3	Explain National Mental Health Program	K, S	Small group discussion	02 Hours		
31.	NMHN(II)301:VISEM7.4	Differentiate between Institutionalization versus Deinstitutionalization	K, S	Small group discussion	01 Hours		
32.	NMHN(II)301:VISEM7.5	Illustrate Model of Preventive psychiatry	K, S	Small group discussion	05 Hours		
33.	NMHN(II)301:VISEM7.6	Elaborate on Mental Health Services available at the primary, secondary, tertiary levels including rehabilitation and nurses' responsibilities	K, S	Small group discussion	10 Hours		
	TOTAL						

# Clinical/Field practice- (48Hrs)

	Competency no TOPIC		Domain	T-L Method	Teaching Hrs
N					шѕ
0					
1.	NMHN(II)301:VISEM3.9	Describe follow-up and home care and rehabilitation of Intellectual disability	K,S	Demonstration, Small group discussion & Role play	14 Hours
2.	NMHN(II)301:VISEM5.5	Describe the maladaptive behavior of		Maladaptive behavior of individual and groups	14 Hours

3.	NMHN(II)301:VISEM7.8	individual and groups Describe on Mental Health Agencies: Government and voluntary, National and International	K,S	Demonstration, Small group discussion & Role play	10 Hours
4.	NMHN(II)301:VISEM7.9	Explain the Mental health nursing issues for special populations: HIV/AIDS etc.	K,S	Demonstration, Small group discussion	10 Hours
		TOTAL			48 Hours

# **Modified Tutorials (10 Hours)**

No	Comp. no	TOPIC	Domain	T-L Method	Teaching Hrs
1.	NMHN(II)301:VISEM1.4	Illustrate Treatment (detoxification, antabuse and narcotic antagonist therapy and harm reduction, Brief interventions, MET, refusal skills, maintenance therapy) and nursing management of patients with substance use disorders	K,S	Tutorials	1 Hour
2.	NMHN(II)301:VISEM2.2	Enumerate the classification of disorders of patients with personality, and sexual disorders	K,S	Tutorials	1 Hour
3.	NMHN(II)301:VISEM3.7	Explain treatment modalities and nursing management of childhood disorders including autism, attention deficit, hyperactive disorder	K,S	Tutorials	1 Hour
4.	NMHN(II)301:VISEM3.8	Elaborate treatment modalities and nursing management of childhood disorders including eating disorders, learning disorder	K,S	Tutorials	1 Hour
5.	NMHN(II)301:VISEM4.7	Illustrate treatment modalities and nursing management of dementia and amnestic disorders	K,S	Tutorials	1 Hour
6.	NMHN(II)301:VISEM4.8	Describe follow-up and home care and rehabilitation of delirium	K,S	Tutorials	1 Hour
7.	NMHN(II)301:VISEM5.4	Elaborate the coping enhancement Techniques of counseling	K,S	Tutorials	1 Hour
8.	NMHN(II)301:VISEM6.5	Enumerate Admission and discharge procedures as per MHCA 2017	K,S	Tutorials	1 Hour
9.	NMHN(II)301:VISEM6.6	Describe Role and responsibilities of nurses in implementing MHCA 2017	K,S	Tutorials	1 Hour

			Community Mental Health Services TOTAL	Í		10 Hours
10. NMHN(II)301:VISEM7.1 Describe Development of K.S. Tutorials 1 Hour	10	,.   1,1,111 ((11)001)   1021/1711	I	K,S	Tutorials	1 Hour

# Integration/MPBL- 06 hrs

N	Comp. no	TOPIC	Domain	T-L Method	Teaching Hrs
11					
0					
1	NMHN(II)301:VISEM4.6	Illustrate treatment modalities and nursing management of delirium	K	Lecture cum discussion	06 Hours

#### **Formative Assessment**

1. Sessional Examinations: Theory: I

1. Sessional Enaminations	<u> </u>			
Sr. No.	Question paper – Theory	Total		
Maximum marks	30	30		

2. Sessional Examinations: Theory: II

Sr. No.		Total
Maximum marks	30	30

# c. Calculation of Internal Assessment (IA): Theory

- Total marks of two sessional examinations along with continuous assessment 30marksx2=60/4=15
- 10+15 = 25 Marks
- Minimum required 50 %

# 2. Formative Assessment: Practical

a. Practical: Sessional examinations: I

Exam pattern	Sessional examination I	Total		
OSCE	10 marks	30Marks		
DOP (Directly observed practical in the clinical setting)	20marks			

b. Practical: Sessional examinations: II

Exam pattern	Sessional examination II	Total
OSCE	10 marks	30 Marks
DOP (Directly observed	20marks	
practical in the clinical		

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#### c. Calculation of Internal assessment: Practical

Attend	lance					esentation pr			, 1			Case study report				End of posting OSCE	Comple tion of procedu res and require ments
95- 100 %	90 - 94	85 - 89	80- 84	Bel ow 80	1	2	3	1	2	1	2	3	4	5	ance 1	1	1
2M	1. 5	1	0.5	0	20	2 0	20	20	20	20	20	20	20	20	10	5	3

# Calculation of Internal Assessment (IA): Practical

- Total marks of practical assignment to be added i.e. Continuous assessment:30/3=10marks
- Two Sessional examinations: 30/2=15 Marks
- Minimum required 50 %

# 3. Summative Assessment

a. Theory:

a. Theory.		
Type of	Number of questions	Marks allotted
questions		
MCQ	12X1	12Marks
Essay/situation	2x15	30Marks
type		
Short	5x5	25Marks
Very short	4x2	08Marks
	Total	75marks

#### b. Practical:

Method	of	Allotted marks	Total marks
assessment			
OSCE		15	50 Marks
DOP		35	

# DattaMeghe Institute of Medical Sciences (Deemed to be University) Smt. RadhikabaiMeghe Memorial College of Nursing Sawangi (Meghe) Wardha

Name of the Institute: SRMM College of Nursing

Name of Examination: Basic B.Sc. Nursing

**Semester VI: Mental Health Nursing II**NMHN(II)301:VI-SEM/Primary/2021-2025

	Must to Know (MK 60%)	Desirable to know (DK 30%)	Nice to know (NK 10%)	Marks = 75
ESSAY (4) 2/4	(4) Level-I-2 Level-II-2			15Mx2=30M
SHORT (6) 5/6	(3) Level-I-2 Level-II-1	(2) Level-I-1 Level-II-1	(1) Level-I-1	5Mx5=25M
VERY SHORT (5) 4/5	(3) Level-I-2 Level-II-1	(1) Level- I-1	(1) Level-I-1	2Mx4=08M
MCQ (12) 12/12	(7) Level-I-6 Level-II-1	(4) Level-I-3 Level-II-1	(1) Level-I-1	1Mx12=12M
Total	Total = 75 Marks			

Level I: 80 Level II: 20